

Is our office ecologically friendly to the environment?

Atominiium works with translators who are skilled in many different languages and located all over the world. Because these workers can choose their living and work spaces, it allows both them and Atominiium to be more ecologically friendly to the environment. How so? Well, when people are able to work from home they have options not always available to workers in a typical office setting.



For one, there is no commuting involved. Less carbon emissions are released into the atmosphere when people can choose to stay home. Working from home also allows huge savings regarding the fast fashion industry which is known to be the second most polluting industry and uses a lot of water resources. Home-based workers do not need a specific wardrobe and they certainly do not need to keep up with fast fashion trends. They can choose to buy less clothes and to repair and reuse those they already have.

Companion animals are known to reduce stress levels and contribute to happiness. Animals are not permitted in office settings but having one at home offers stress relief and contributes to a healthy lifestyle when you take frequent breaks – to walk a dog for example.

These days, online workers have access to eco-friendly tools like green website hosting and digital storage options which allow for less paper and office supplies to be used. A lower demand for these types of products will lower the speed at which deforestation is occurring

A home-based worker has more flexibility to choose a wide variety of Earth-friendly actions which may be dictated to them in an office environment. Actions such as abiding by the famous mantra: Reduce, Reuse, Recycle. This mantra has even been expanded to close the consumer lifecycle of goods and is now: Refuse, Reduce, Reuse, Recycle, Rot.

Working at home allows for more time to cook meals instead of ordering fast-food and take-out. This can drastically cut down the amount of single-use plastics that end up in the environment and the oceans. There is also complete control over the use of utilities which can be more appropriately adjusted depending on the weather.

While there are pros and cons to any working situation, working from home can obviously be eco-friendly and it is up to each individual to take full advantage of such opportunities to do their part to protect the environment. Think about what other individual actions and habits contribute to a greener planet.

(SNS)